



# 52 Simple Ways to Spend Time Outside This Year

- Take a hot drink outside and just sip and savor.
- Feed the birds.
- Start a phenology notebook.
- Create ice art.
- Make sun prints.
- Make shadow puppets outside.
- Join in the Great Backyard Bird Count.
- Watch the sunset.
- Make chalk drawings.
- Paint or sketch.
- Take a walk someplace new.
- Cloud watch.
- Hunt for camouflaged creatures.
- Identify the trees in your yard.
- Stargaze.
- Measure the precipitation.
- Compost.
- Read a book outside.
- Plant something.
- Take photos.
- Collect items and create nature art.
- Watch the sunrise.
- Eat outside.
- Identify two local medicinal plants.
- Collect a bouquet.
- Blow bubbles.
- See how many birds you can identify by sound.
- Search for patterns and textures.
- Attend an outdoor festival.
- Go barefoot.
- Get wet.
- Watch a meteor shower.
- Roast s'mores.
- Harvest fruits or vegetables.
- Nap outside.
- Clean your street.
- Play tourist in your town.
- Create a nature display or bouquet without flowers.
- Swing.
- Make a gradient with autumn leaves.
- Keep a log of animals you observe.
- Write a letter outside.
- Play a "playground" game.
- Learn a new outdoors skill.
- Play a board game outside.
- Create a nature scavenger hunt.
- Observe a migration.
- Rake. Jump into the leaves.
- Look for evidence of animals.
- Take a walk at night.
- Create a game with rocks or sticks.
- Make shadow art.